

TM Martial Arts



School (DO JANG) Rules and Regulations

- 1) As you enter the Do Jang, Bow to the Flag, and Bow to the Instructor. As you leave the Do Jang, Bow to the Instructor and then to the Flag.
- 2) All students will be courteous and obey the Instructor. Advanced students should always set a good example for lower belts.
- 3) Always answer the instructor “Yes Sir” /“No Sir” or “Yes Ma’am/ “No Ma’am when asked a question.
- 4) Remove your shoes before stepping on to the training mat.
- 5) Show discipline and maximum concentration while training in class.
- 6) Ask permission to be excused from class.
- 7) If you arrive late for class, enter the rear of the Do Jang, kneel on the mat and wait for the instructor to place you in class. Upon the instructors Que., rise, bow to the instructor and join the class.
- 8) Insure that your Do Bok (uniform) is always clean, pressed, and all patches are properly displayed and your belt is properly tied for class.
- 9) Keep your finger nails and toe nails clipped at all times.
- 10) Do not wear jewelry in class.
- 11) Stand or sit properly in class, do not lean against the walls.
- 12) Show respect for the Do Jang, the Instructor, and fellow students.
- 13) Show respect for your Do Bok (uniform) and Belt.
- 14) Do not engage in “Horse Play” in the Do Jang at any time.
- 15) If you are not able to attend your scheduled class, please call.
- 16) Use of foul language will result in immediate disciplinary action.
- 17) Spectators are asked to be completely quiet while classes are in session.